# Emmanuel and St. Paul's October 2020 NEWSLETTER

# In these troubled and uncertain times: For all the World needs from me, I have God and Church:

I am writing to tell you about a special season in the Life of Emmanuel Lutheran.

We are going to set aside the usual set of lessons for a season of becoming better acquainted with the faithfulness of God. Through out the history of God's people, and continuing today, humanity has been in a back and forth, up and down, rebellious and faith restored relationship with the One who holds our eternal future.

We will begin Sunday October 4<sup>th</sup> at the beginning and advance across the time line of God's pursuit, and restoring of, relationship with human kind, especially those whose lives are illuminated by God's Word, faith, and the Holy Spirit. This series will take us through the school year, incorporating the seasons of Advent and Lent, and celebrating Christmas and Easter in with increased appreciation for how these Festival Observances fit in the broad story of God's rule and reign.

Don't feel like God is in charge? You are not alone in wondering right now, 'Who is in charge?' In whom can we put our faith and trust, to give us relief from the pandemic, restore social order, and convict our elected leaders to get their personal ambitions out of the way and serve the common good of all people.

Through our weekly venture into the narrative of the Bible we will see God is faithful with love and mercy, firm and just with the people He chose to be an example to the nations, and reveal the light of His love. The light the darkness cannot put out!

On the back side of this piece of paper is a Scripture list for the chronological reading of the Bible Narrative we will follow. It is not all inclusive yet gives you more context and appreciation for these Bible events and struggles. Some worse than today.

There are also THE STORY scripture books available which complement this series, along with other resources and children's versions.

Wednesday nights, beginning October 7<sup>th</sup>, 6:30 pm we will gather with social distancing in Emmanuel's Fellowship Fall for in person conversation about the previous Sunday's Episode of THE STORY.

Especially in this time we need the secure anchor of relationship with God, who is gracious and merciful, reliable and secure in ways nothing else can be. And Jesus who has gone ahead of us to prepare for us a place in His Father's house.

I pray you will be blessed to make this journey with your church family,

Pasin Klat

We are holding worship, in person and online; complete bulletins with written sermon are sent out for those who have underlying health concerns and without internet resources. We want to be reaching you with hope and strength from God, and neighbors, family and friends. Website: emmanuel-lutheran.com and Facebook: elcfacebook

# Follow THE STORY with your Bible:

October 4 <sup>th</sup>	1	Creation: The Beginning of Life as We Know It: Genesis $1-4;6-9$
 October 11 <sup>th</sup> :	2	God Builds a Nation: Genesis 12 – 13; 15 – 17; 21 – 22; 32 – 33; 35; Romans 4; Hebrews 11
October 18 <sup>th</sup>	3	Joseph: From Slave to Deputy Pharaoh: Genesis 37; 39; 41-48; 50
October 25 <sup>th</sup> :	4	Deliverance: Exodus 1 – 7; 10 – 17
November 1 <sup>st</sup> :	5	New Commands and a New Covenant: Exodus 19-20; 24-25; 32-34; 40
November 8 <sup>th</sup> :	6	<b>Wandering:</b> Numbers 10 – 14; 20 – 21; 25; 27; Deuteronomy 1 – 2; 4; 6; 8 – 9; 29 – 32; 34
November 15 <sup>th</sup> :	7	The Battle Begins: Joshua 1-2; 6; 8; 10-11; 23-24
November 22 <sup>nd</sup> :	8	<b>A Few Good Men and Women:</b> Judges 2-4; 6-8; 13-16
November 29 <sup>th</sup> :	9	The Faith of a Foreign Woman: Ruth 1-4
December 6 <sup>th</sup> :	10	Standing Tall, Falling Hard: 1 Samuel 1-4; 8-13; 15
December 13 <sup>th</sup> :	11	From Shepherd to King: 1 Samuel 16 – 18; 24; 31; 2 Samuel 6; 22; 1 Chronicles 17; Psalm 59
December 20 <sup>th</sup> : <b>Christmas Eve:</b>	12	The Trials of a King: 2 Samuel 11 – 12; 18 – 19; 1 Chronicles 22; 29; Psalms 23; 32; 51
<i>REVIEW 12/27</i> January 3 <sup>rd</sup> :	13	The King Who Had It AlI: 1 Kings $1-8$ ; $10-11$ ; 2 Chronicles $5-7$ ; Proverbs $1-3$ ; 6; $20-21$
January 10 <sup>th</sup> :	14	A Kingdom Torn in Two: 1 Kings 12 – 16
January 17 <sup>th</sup> :	15	God's Messengers: 1 Kings 17 – 19; 2 Kings 2; 4; 6; Hosea 4 – 5; 8 – 9; 14; Amos 1; 3 – 5; 9
January 24 <sup>th</sup> :	16	The Beginning of the End: 2 Kings 17 – 19; Isaiah 3; 6; 13 – 14; 49; 53
January 31 <sup>st</sup> :	17	The Kingdoms' Fall: 2 Kings 21; 23 – 25; 2 Chronicles 33; 36; Jeremiah 1 – 2; $4-5$ ; 13; 21; Lamentations 1 – 3; 5; Ezekiel 1 – 2; $6-7$ ; $36-37$
February 7 <sup>th</sup> :	18	Daniel in Exile: Daniel 1-3; 6; Jeremiah 29-31
February 14 <sup>th</sup> :	19	The Return Home: Ezra 1-6; Haggai 1-2; Zechariah 1; 8
February 21st	20	The Queen of Beauty and Courage: Esther 1-9
February 28 <sup>th</sup>	21	Rebuilding the Walls: Ezra 7; Nehemiah 1-2; 4; 6-8; Malachi 1-4
March 7 <sup>th</sup> :	22	The Birth of the King: Matthew $1-2$ ; Luke $1-2$ ; John $1$
March 14 <sup>th</sup> :	23	<b>Jesus' Ministry Begins:</b> Matthew 3-4; 11; Mark 1-3; Luke 8; John 1-4
March 21st:	24	No Ordinary Man: Matthew 5-7; 9; 14; Mark 4-6; Luke 10; 15; John 6
March 28 <sup>st</sup> : <i>MAUNDY THUR</i>	25	<b>Jesus, the Son of God</b> : Matthew 17; 21; Mark 8 – 12; 14; Luke 9; 22; John 7 – 8; 11 – 12
GOOD FRIDAY:	26	The Hour of Darkness: Matthew 26 – 27; Mark 14 – 15; Luke 22 – 23; John 13 – 14; 16 – 19
April 4: EASTER REVIEW April 11	27	The Resurrection: Matthew 27 – 28; Mark 16; Luke 24; John 19 – 21
April 18 <sup>th</sup> :		New Beginnings: Acts 1 – 10; 12
April 25 <sup>th</sup> :		Paul's Mission: Acts 13 – 14; 16 – 20; Romans 1; 3 – 6; 8; 12; 15; 1 Corinthians 1; 3; 5 – 6; 10; 12 – 13; 15 – 16; Galatians 1; 3; 5 – 6;
May 2 <sup>nd</sup> :	20	1 Thessalonians 1-5
Mary Oth	1	Paul's Final Days: Acts 20-23; 27-28, Ephesians 1-6; 2 Timothy 1-4
May 9 <sup>th</sup> :	<b>3</b> 1	The End of Time: Revelation 1 – 5; 19 – 22

### EMMANUEL EVENTS and INFORMATION

#### OCTOBER BIRTHDAYS

- 1 Morgan Pedersen
- 3 Kelli Henderson Gavin Wittmer
- 6 Neva Meek
- 11 Newt Heaton
- 13 Eldora Gowing
- 15 Angie Holmes
- 17 Brooke Erickson Dennis Grebert Tiffany Johnson
- 19 Marilyn Holmes
- 21 Daniel Elliott

Pr. Jeffery Alvestad

- 22 Megan Bosley
- 24 Orlin Fick
- 25 Mark Johnson

Karen Erickson



### OCTOBER ANNIVERSARIES

- 4 Jim and Niki Richardson
- 6 Tony and Cathy Ballain
- 16 Chris and Molly Wiebold
- 18 Dave and Kathy Wiebold
- 20 Trent and Donna Tiemeyer
- 23 Roger and Julie McQueen



On September 8, 2020 Emmanuel lost a very dear member. Rosalee Kinnison passed away at Nebraska Medicine – Omaha. A "Celebration of Life" memorial service was held on Thursday, September 17 at 10:30 a.m. at Emmanuel with Pastor Kurt Hoover officiating. A dinner followed the service served by the Emmanuel Women. Rosalee's final resting place was Evergreen Cemetery – Red Oak.

Rosalee (Sunquist) Kinnison was born on December 6, 1941 and attended school in Stanton, Iowa. She graduated from Simpson College and started her career as a teacher, then principal in the Essex School District spanning more than 40 years. She retired in 2004 but returned to teaching as a substitute teacher; teaching was her true passion.

To Emmanuel she was a caring individual who sent sympathy, Birthday and "how are you" cards despite her health problems... always writing an uplifting personal message in each one. She enjoyed piecing together the quilt tops for Emmanuel's quilters with a career estimate of over 650 quilt tops made. She was instrumental in leading the "Birthday Bag" project for clients served by the Shenandoah Community Food Pantry.

Our sincere sympathies to son Thayne Kinnison, daughter Tiffany Johnson and brother Bob Sunquist and their families. Rosalee will be greatly missed.

### OCTOBER ASSISTANTS

Altar Guild: Marilyn Holmes, Becky DeWild Altar Committee: Theresa Swank, Melaine Swank

Acolytes: Tyler Prokop and Ali Hansen (4)

Maren Bosley (11) Evan Holmes (18) Ali Hansen (25)

Readers: Jessie Bosley (4)

Karla Koval (11) Ron Oestmann (18) Teresa Roberts (25)

Ushers: undesignated (4,11,18,25)

### **NOVEMBER ASSISTANTS**

Altar Guild: Becky DeWild, Marilyn Holmes

Altar Committee:

Acolytes: Maren Bosley and Tyler Prokop (1)

Ali Hansen (8) Evan Holmes (15) Tyler Prokop (22) Maren Bosley (29)

Readers: Karla Koval (1)

Jessie Bosley (8) Ron Oestmann (15) Teresa Roberts (22)

Jessie Bosley (29) - 1st Sunday of Advent

Ushers: undesignated (1,8,15,22,29)

The above names are the scheduled assistants. If there are any changes in the Worship Services, you will be notified.

The Family of **Eldora Gowing** invites you to "shower Eldora" with Birthday cards to celebrate her **103**rd **Birthday** on Tuesday, October 13, 2020. She misses attending her Emmanuel Services and being with her Church Family but continues to read her Daily Devotions. With the COVID-19 virus, going to visit with her is not an option but a card with a message would be appreciated. Her address is:

Eldora Gowing Accura Health Care 1203 South Elm Street Shenandoah, Iowa 51601

Let's send her so many cards that daughter Mary Beth Gowing "temporarily" loses her voice as she reads all the wonderful messages. This calendar represents the "normal" calendar for October; all gatherings are subject to change.

Social distancing will be observed at the Sunday Service; please sit in the un-taped pews where the bulletins are placed.

For you safety and the safety of others, adult masks and children's masks are available in the foyer.

### **Emmanuel Lutheran Church – October 2020**

406 East Pioneer Avenue, Shenandoah, Iowa 51601 web-site: www.emmanuel-lutheran.com Kurt Hoover, Pastor

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Altar Committee Theresa Swank Melaine Prokop	Emmanuel Hrs: Monday-Thursday 9:00-12:00 noon	Emmanuel #: 1-712-246-3287	Emmanuel email emmlutheran@ yahoo.com	1	2	3
4 NO COFFEE  10:30am Worship with Holy Communion  01 Sunday of THE STORY	5	6 5:30-7:00pm Fellowship Hall reserved for NAMI	7 6:30 p.m. THE STORY Bible Study – everyone welcome, social distancing will be observed	8	9	10 Hazel Grace Wiig Baptism – Fellowship Hall Reserved for Family Dinner
11 NO COFFEE 10:30am Worship with Holy Communion after Worship 3:00-7:30pm Fellowship Hall reserved for Clover Kids/4-H	12 9:00am Quilting 5:30pm Deacons Meeting 6:30pm Council Meeting Columbus Day	13 5:30-7:00pm Fellowship Hall reserved for NAMI	14 6:30 p.m. THE STORY Bible Study – everyone welcome, social distancing will be observed	15	16	17
18 NO COFFEE 10:30 am Worship 03 Sunday of THE STORY	19 6:00pm Worship and Music Committee Meeting 7:00pm Membership Committee Meeting	20 5:30-7:00pm Fellowship Hall reserved for NAMI	21 2:00pm WELCA Meeting/Mary Alice Johnson (If there are any changes, your will be notified.) 6:30 p.m. THE STORY Bible Study – everyone welcome, social distancing will be observed	22	23	24 United Nations Day
25 NO COFFEE 10:30am Worship 04 Sunday of THE STORY Reformation Sunday	26 9:00am Quilting	27 5:30-7:00pm Fellowship Hall reserved for NAMI	28 6:30 p.m. THE STORY Bible Study – everyone welcome, social distancing will be observed		30	31  Halloween

NOTE: At the time of this printing, the start-up date for Sunday School had not been set. Families with Sunday School children will be notified.

## ST. PAUL'S INFORMATION CONCERNING OCTOBER CHURCH SERVICES and EVENTS

(Church Services at St. Paul's begin every Sunday at 9:00 a.m. Everyone is invited to join in Worship each week.)

### SERVICES ARE CURRENTLY MEETING AT ST. PAUL'S EACH SUNDAY.

### SOCIAL DISTANCING IS BEING PRACTICED AND PARISHIONERS WILL NOW HAVE THE CHOICE OF WORSHIPPING INSIDE OR OUTSIDE.

### IF CHOOSING TO WORSHIP INSIDE, MASKS WOULD BE PREFERRED.

Please remember how important it is to support St. Paul's during the time Church Services are cancelled or you worship at home. The Council encourages you to continue to give your offerings. You may want to write a weekly check like normal and send them as a group or write one check for the month. Those who prefer to give cash might keep an envelope of weekly tithes and put it in the offering tray when you attend Sunday Services. If you wish to send your offerings to Nancy Middaugh, her address in P.O. Box 71, Hamburg, Iowa 51640.

The "Blessing of the Harvest" Worship Service was held at 9:00 a.m. on September 20, 2020.

Donuts were served with the Congregation bringing their own drinks.

### **OCTOBER**

Sunday, October 4 – 9:00 a.m. World Wide Communion Sunday The Sacrament of Holy Communion will be celebrated at St. Paul's.

**Wednesday, October Bible Study** (An announcement will be made about Bible Study Start-Up date when that decision is made.)

**Sunday, October 11 – 9:00 a.m.** Worship with WELCA Meeting immediately following the Service.

Sunday, October 18 - 9:00 a.m. Worship

Sunday, October 25 – 9:00 a.m. Mission Fest Worship Service (special <u>Benevolence</u> <u>Offering</u>: goal \$1,900.00) Coffee following the Church Service. The Mission Community Committee will be in charge of the coffee. Co- chairs are Nancy Middaugh and Dallas Prather.

### OCTOBER ALTAR COMMITTEE - Nancy Middaugh

#### OCTOBER CLEANING SCHEDULE

Blu Dow (3)
Nancy Middaugh (10)
Patty Bredensteiner (17)
Penny Bredensteiner (24)
Sharon Gilbert (31)

### OCTOBER ACOLYTE SCHEDULE

Dallas Prather (4)
Dallas Prather (11)
Blu Dow (18)
Blu Dow (25)

#### OCTOBER READER SCHEDULE

Ida Van Scyoc (4) Mary Beth Bredensteiner (11) Mary Beth Bredensteiner (18) Penny Bredensteiner (25)

Information for the monthly NEWSLETTER will be sent to Emmanuel by the 15th of each month. If you have anything you would like in the NEWSLETTER, please contact Mary Beth at <a href="marybeth@tarkio.k12.mo.us">marybeth@tarkio.k12.mo.us</a> before that date OR get the information to Nancy or Penny so they can forward it on. You can also text 660-623-0093.

This calendar represents the "normal" calendar for October; all gatherings are subject to change.

Social distancing will be observed at the Sunday Service: in-church (masks) OR out-door Worship at your discretion.

### ST. PAUL'S LUTHERAN CHURCH - OCTOBER 2020

3055 - 410<sup>th</sup> Avenue, Northboro, Iowa 51647 Kurt Hoover, Pastor: 1-515-850-7670 kurtshoover@ymail.com

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Altar Committee Nancy Middaugh				1 BIRTHDAYS Kathy Athen Heather Weiss Collins Comstock	2 BIRTHDAY Kyla Ratliff	3 Church Cleaner Blu Dow BIRTHDAY Trey Athen
19:00am Worship with Holy Communion Reader: Ida Van Scyoc Icolyte: Dallas Prather Of Sunday of THE STORY World Wide Communion Sun.	<b>5 BIRTHDAY</b> Nora Baker	6	7 An announcement will be made about Bible Study startup date when that decision has been made  6:30pm THE STORY Bible Study at Emmanuel	8	9	10 Church Cleaner Nancy Middaugh BIRTHDAY Dean Weiss
11 9:00am Worship Reader: Mary Beth Bredensteiner Acolyte: Dallas Prather WELCA Meetingafter Church  02 Sunday of THE STORY	12	13 BIRTHDAY Eddie Bredensteiner	14 6:30pm THE STORY Bible Study at Emmanuel	15	16	17 Church Cleaner Patty Bredensteiner
8 9:00am Worship Reader: Mary Beth Bredensteiner colyte: Blu Dow	19	20	21 6:30pm THE STORY Bible Study at Emmanuel BIRTHDAY Pr. Jeff Alvestad	<b>22 BIRTHDAY</b> Vivian Baker	23 BIRTHDAY Colton Marshall	24 Church Cleaner Penny Bredensteiner BIRTHDAY Patti Rolf
25 9:00am Worship flission Fest Service (special Benevolence Offering) offee follows the Worship leader: Penny Bredensteiner colyte: Blu Dow	26	27	28 6:30pm THE STORY Bible Study at Emmanuel	<b>29</b> BIRTHDAY Shaye Snyder .	30	31 Church Cleaner Sharon Gilbert

Emmanuel Hours: Monday-Thursday; 9:00-12:00 noon

Emmanuel Telephone #: 1-712-246-3287

Emmanuel e-mail: emmlutheran@yahoo.com

### Emmanuel Lutheran Church Council Minutes - August 10, 2020 - 6:30 p.m.

This Council Meeting was held via "Zoom"

Present (on line): Jessica Bosley, Kris Sherman, Becky DeWild, Chuck Richardson, Kim Swank, Marilyn Holmes, Mike Koval, Dave Wiebold, Secretary Linda Wolfe, Pastor Kurt Hoover, Dan Hansen, Deacon Theresa Swank, Absent: Brian Holmes, Call to Order: Council President Jessica Bosley. Devotions/Prayer: Pastor Kurt Hoover. The Adgenda was changed for Sunday School Representative Dan Hansen's Report: 1) Dan noted that Sunday School coordinator Jenni Hansen sent out e-mails to all families with Sunday School aged children informing them about the Sunday School start and is waiting to hear back before ordering lessons. 2) Dan asked about the Radon levels in the basement as they plan on holding Sunday School in the basement Sunday School rooms. Chuck Richardson noted that it was well below the limits and safe to hold Sunday School. 3) Dan also noted that using social distancing, the Clover Kids and the 4-H Club will begin in the fall. 4) The basement is cleaned and ready for Sunday school. The Council Thanked Dan for the report. Secretary's Minutes: The July Council Minutes were reviewed, moved, seconded and approved by the Council. Treasurer's Report: The July Council Finances were reviewed and the January-July financial figures were detailed as requested by the Council. The July Finances were moved, seconded and approved by the Council. Pastor's Report/Deacons Report: 1) We are doing fine with our social distancing and safety procedures. 2) We are waiting for the Swift Company for our high speed internet hookup. 3) The right speaker is not working; Russ Burroughs and Pastor will check into this. 4) It was noted that the Reader in the lectern will be asked to lean closer to the microphone. 5) The Quilters meet on August 10 utilizing masks and social distancing. 6) The taped services will continue along with the in-person worship. 7) On Sunday, August 9, 2020 during the 10:30 a.m. Worship Service, Steve and Katie Jensen were welcomed as new members and their baby Jonathan was Baptized. 8) Pastor is working on a 31 week sermon series drawing utilizing the Bible THE STORY. The Bible as one continuing story of God and His people; published by Zondervan, Grand Rapids, Michigan, A weekly Wednesday night Bible Study by Randy Frazee with Tom Anthony will be offered. 9) Pastor has contacted former members who attended the Parking Lot Services and the in-person Services. STANDING COMMITTEES - Worship and Music: 1) The Committee will be working with the Pastor on the special Worship Series. Christian Education: Taken care of in the Dan Hansen report. Church Property: 1) Chuck Richardson is getting some more bids on the Church steeple project and should have they by the September 14, 2020 Council Meeting. 2) There was no hot water in the Church. Pastor contacted Chuck and they found the water heater had come unplugged. It is now working fine and Chuck readjusted the plug. 3) Parsonage Property: The east neighbors trimmed the lower branches on their pine trees. Pastor will sow some seed to grow some grass in the now un-shaded area. Finance and Stewardship: No meeting held; no report. Membership Committee: No meeting held; no report. LYO/Youth: No meeting held; no report. Altar Guild: Marilyn Holmes is continuing to work on lining up the women to serve on the monthly Altar Guild Committee with 2 women each month doing the Altar Committee duties. Cookbook, Funeral, Hospitality, Memorial, Wedding: No reports. WELCA: No August Bible Study/Business Meeting held. September 16 @ 2:00 p.m at Church will be the next meeting. The WELCA Financial Report is sent to each Bible Study member. The WELCA Thank Offering collection will be discussed, OLD BUSINESS; 1) Thank You to all who have volunteered to help with the Service, i.e. running the projector, doing the power point, and putting the items on Facebook and our web-site. 2) The School Supply monetary collection is over \$400.00 so far which will be put on gift cards for the teachers to purchase items needed. **NEW BUSINESS: 1)** The COVID-19 Virus communion is doing well. Pastor and the Altar Committee are working to include social distancing, masks and gloves. 2) The front marquee project is on hold. 3) The "Noisy Offerings" are on hold for now. When they resume, the first one will go to the Community Food Pantry to replenish their shelves. 4) Special Thanks to Karen and Byron Erickson for all the extra work disinfecting the pews and doorknobs before each Worship Service. Adjournment and Closing: There being no other business to attend to, it was moved and seconded to adjourn; Council approval. Council President adjourned the meeting at 7:36 p.m. and closed with The Lord's Prayer led by Pastor Hoover. Respectfully submitted, Linda Wolfe, Council Secretary.

### Emmanuel Lutheran Church Women (WELCA)

Due to setting up the Fellowship Hall on Wednesday afternoon for the Rosalee Kinnison Funeral Dinner, the September 16 WELCA Bible Study and Business Meeting was cancelled. The October Meeting is scheduled for Wednesday, October 21 at 2:00 p.m. The WELCA Bible Study participants will be notified as to whether or not it will be held.

The Council has voted to hold a "Noisy Offering" in October which is designated for The Community Food Pantry to restock their shelves. A locked wooden box will be placed on the foyer sign-up table for the congregation to drop their coins, dollars, or checks in for the pantry. This will be in place the month of October instead of just one Sunday. With social distancing, they felt this was the best and safest idea. Bring your change you have been collecting since we had to suspend the "Noisy Offerings"; you should really have a stock pile of change (or cash) for the Food Pantry.

One thing that was going to be discussed at the September Meeting was the November 22, 2020 WELCA ThankOffering collection. Despite the COVID-19, the Women's Synod sends updates on the programs the ThankOffering goes towards so we really need a way to collect the offerings to support these programs. Ideas anyone??? We could put a box in the foyer for the entire month of November to collect the ThankOffering and emphasize why we have to do it that way instead of on one Sunday. Please let me know what ideas you have. We usually collect around \$250.00 we send in to help these programs.

Linda Wolfe, WELCA contact person/Treasurer

WELCA FINANCES: Quilting Account \$140.92 Business Account \$727.58

Emmanuel Lutheran Church 406 East Pioneer Avenue Shenandoah, Iowa 51601

You may need someone to talk to or refer a loved one to in this time of uncertainty. Several agencies are available to help:

Hope4Iowa (844-673-4469) is a line for Mental Health and disabilities.

Rural Issues and Agriculture (800-447-1985) 24 hour/7 days a week – to connect to a counselor.

**lowa Warm Line (844-775-9276)** to connect to a counselor or request to get in touch with a COVID Recovery lowa counselor.

<u>www.COVIDrecoveryiowa.org</u> and complete a contact form and a counselor will get back to you.

Southwest lowa Families (712-542-3051) OR Southwestiowafamilies.com

Waubonsie Mental Health Center: Clarinda (712-542-2388) Shenandoah (712-581-7900).

Addiction: Zion Recovery Services (246-4832)
Suicide Prevention (1-800-273-8255)

OR to reach Pastor Kurt - contacts: 1-515-850-7670; pastorkurt@yahoo.com